



**Temperature regulation of microvascular flow:  
a multi-dimensional improved EMD-based study  
of laser speckle contrast images**

**Anne Humeau-Heurtier, Guillaume Mahé, Pierre Abraham**

University of Angers, France

Hospital of Angers, France

**e-mail: [anne.humeau@univ-angers.fr](mailto:anne.humeau@univ-angers.fr)**





## Outline

- Laser speckle contrast imaging
- Goal of the work
- Measurement procedure
- Image processing framework
- Results and Discussion

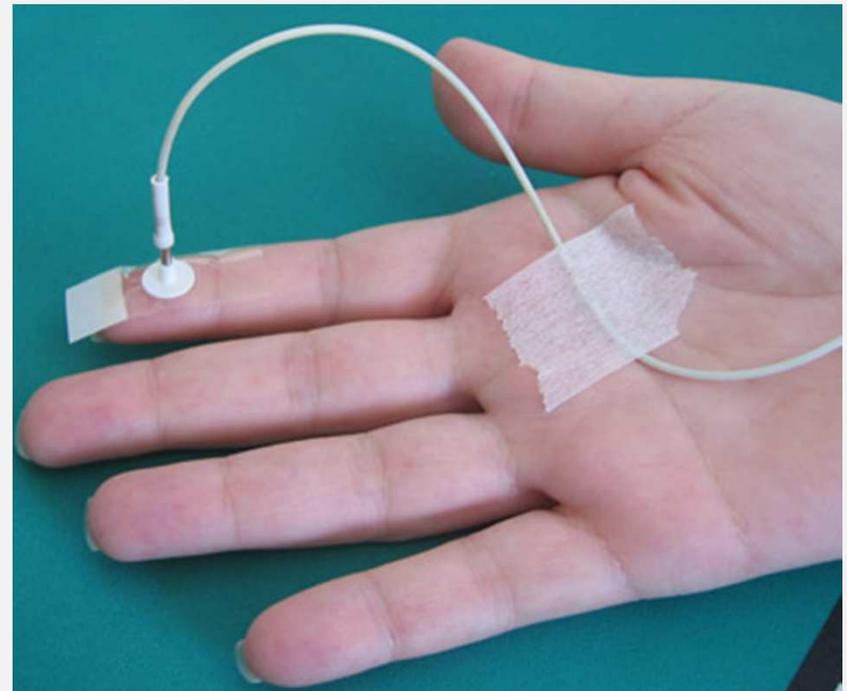
## Laser Doppler flowmetry (LDF)

**Laser Doppler flowmetry (LDF) has the following advantages**

- ✓ Non invasive
- ✓ Real time

**but it has the following drawbacks**

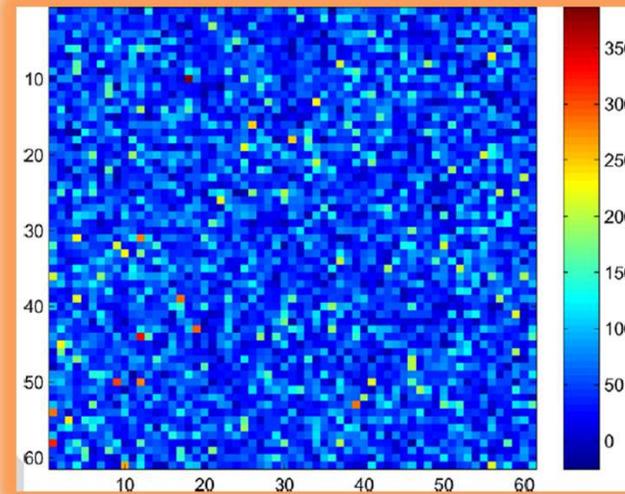
- ✓ With contact
- ✓ Low reproducibility



## Laser speckle contrast imaging (LSCI)

Laser speckle contrast imaging (LSCI) has the following advantages

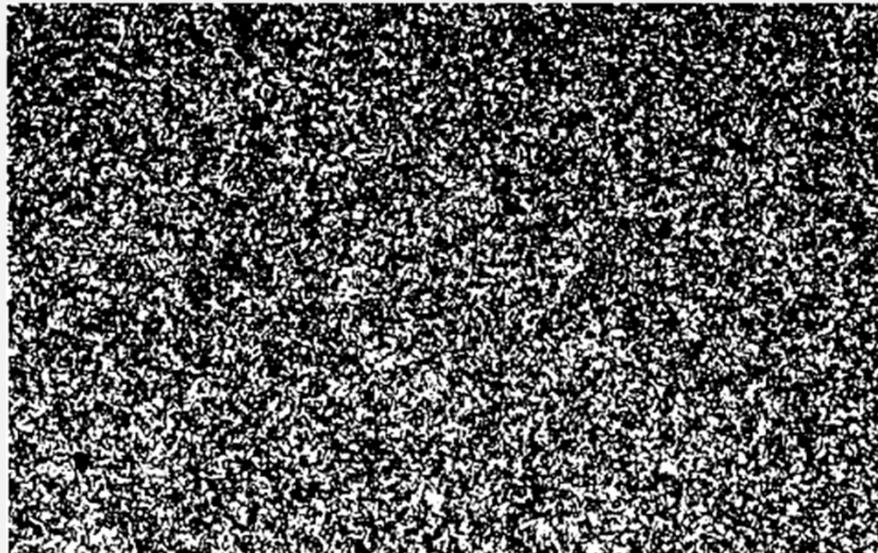
- ✓ Non invasive
- ✓ Without contact
- ✓ Reproducible



Laser speckle contrast image (61 rows and 61 columns) recorded at rest on the forearm of a healthy subject. The colorbar corresponds to perfusion values ( $APU_{LSCI}$ )

## Laser speckle contrast imaging (LSCI)

- The tissue under study is illuminated by a laser with an expanded beam
- The backscattered light forms an interference pattern (a speckle pattern) on the detector (video camera)



A typical speckle pattern



## Laser speckle contrast imaging (LSCI)

- Motions of the particles in the illuminated tissue => dynamic speckled image on the camera
- Due to the exposure time of the camera, there is a blurring of the speckle pattern



## Laser speckle contrast imaging (LSCI)

The **degree of blurring** is quantified as the local speckle contrast  $K$  value, as

$$K = \frac{\sigma}{\langle I \rangle}$$

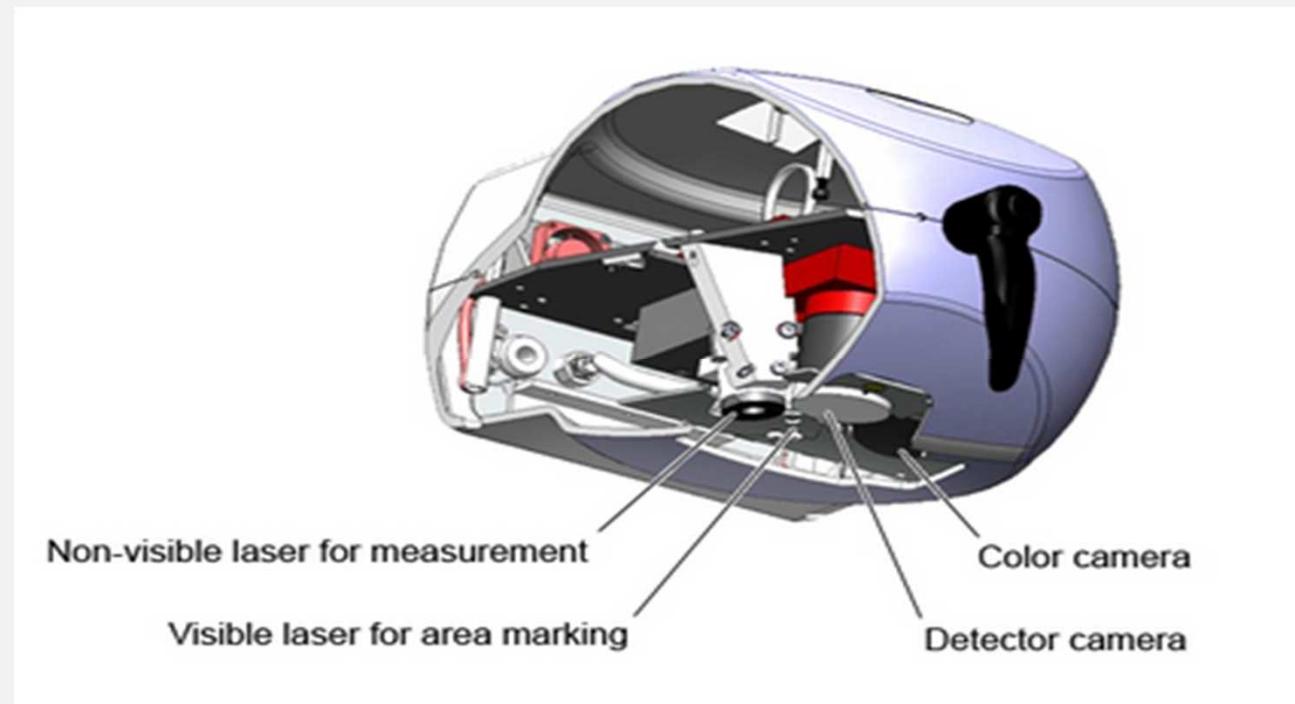
where  $\sigma$  refers to the spatial standard deviation of the speckle intensity and  $\langle I \rangle$  is the mean intensity

## Laser speckle contrast imaging (LSCI)

70 mW laser diode

Laser wavelength: 785 nm

Camera: exposure time of 6 ms





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## Goal of the work

- Skin plays an important role in the body thermoregulation  $\approx$  vasodilation and vasoconstriction
- Skin temperature varies with fever, exercise, environmental temperature variations...
- Our goal: to study locally **the variations of microvascular perfusion induced by variations of room temperatures**



## Outline

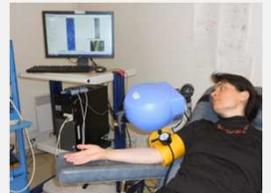
- Laser speckle contrast imaging
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## Measurement procedure

- 15 healthy subjects

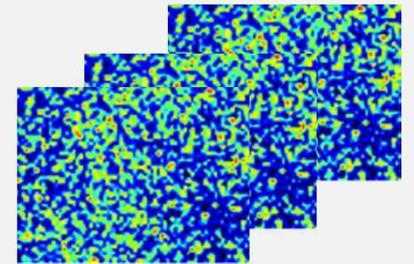


- Microvascular perfusion was monitored on the right forearm with a laser speckle contrast imager (PeriCam PSI System, Perimed), **in two different room temperatures**:  $17.2 \pm 1.5^{\circ}\text{C}$  and  $31.4 \pm 0.7^{\circ}\text{C}$
- The distance between the laser head to skin was set at 15 cm which gave images with a resolution around 0.4 mm
- At **rest**, during a 3-minute period of occlusion (**biological zero**, BZ), and during post-occlusive reactive hyperaemia (**PORH**)



## Measurement procedure

- **Local cutaneous temperature was also measured** on the right forearm using a surface thermocouple probe connected to an electronic thermometer (BAT-12, Physitemp Instruments Inc.)
- A minimal interval of **one day separated each experiment**
- The **order** of studied temperatures was randomized
- **For each subject** and for each room temperature, **three images have been processed: rest, BZ, PORH**





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## Image processing framework

- We used the very recent multi-dimensional complete ensemble empirical mode decomposition with adaptive noise (**MCEEMDAN**) algorithm (Humeau-Heurtier *et al.*, IEEE Trans. Med. Imaging, 2015)
- CEEMDAN is a powerful tool for adaptive multi-scale analyses of non stationary and nonlinear signals (Colominas *et al.*, Biomed. Signal Process. Control, 2014)
- It is **fully data-driven** and leads to intrinsic mode functions (IMFs)

## Image processing framework

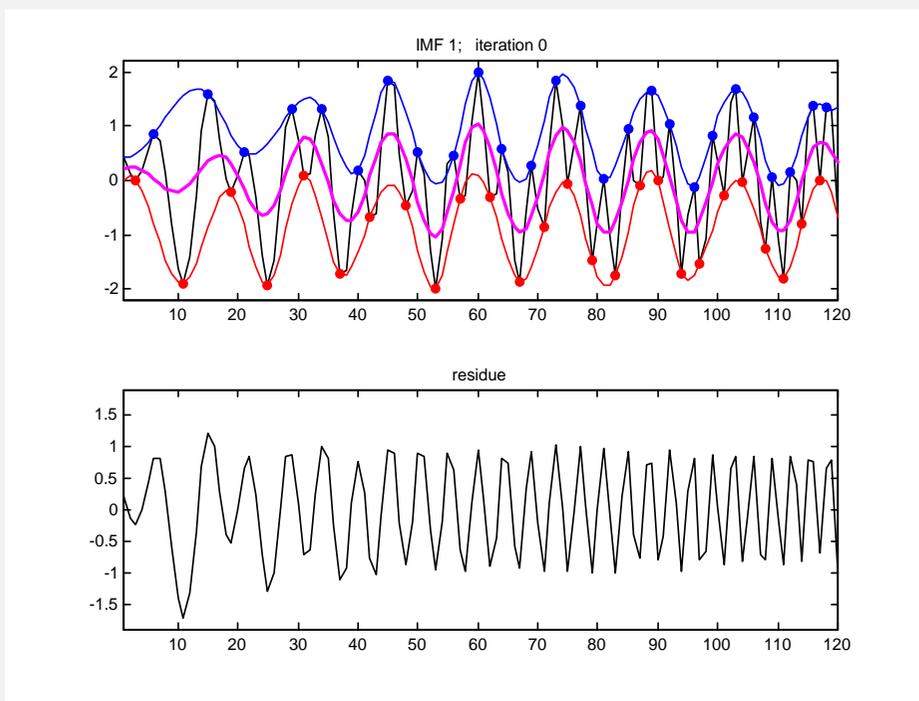
### ■ Principles of EMD

- each IMF represents a narrow band frequency-amplitude modulation that often corresponds to a specific physical phenomenon
- for a discrete signal  $x[n]$  EMD decomposes  $x$  in IMFs  $IMF_k$  and a residual component  $R$  as

$$x[n] = \sum_{k=1}^K IMF_k[n] + R[n],$$

# Image processing framework

## ■ Principles of EMD



For a discrete signal  $x[n]$  the EMD algorithm is the following [24]

- 1) identify all extrema of the signal  $x[n]$
- 2) interpolate between minima (respectively maxima), ending up with some “envelope”  $e_{min}[n]$  (respectively  $e_{max}[n]$ )
- 3) compute the average  $m[n] = (e_{min}[n] + e_{max}[n])/2$
- 4) extract the detail  $d[n] = x[n] - m[n]$
- 5) iterate on the residual  $m[n]$

Use of a **sifting process** (an inner loop that iterates steps (1) to (4) upon the detail signal  $d[n]$ ) **until the detail signal  $d[n]$  can be considered as zero mean from the stopping criterion**

**This leads to a detail considered as the effective IMF**

**Afterwards the corresponding residual  $m[n]$  is computed and then step (5) applies**

## Image processing framework

- **The CEEMDAN algorithm relies on the following steps** (Colominas *et al.*, Biomed. Signal Process. Control, 2014)
  - 1) use EMD to obtain the local means of  $I$  realizations  $x^{(i)} = x + \beta_0 E_1(w^{(i)})$ . This leads to the first residue:  $r_1 = \langle M(x^{(i)}) \rangle$
  - 2) at the first stage ( $k = 1$ ) calculate the first mode  $\tilde{d}_1 = x - r_1$
  - 3) compute the second residue as the average of local means of the realizations  $r_1 + \beta_1 E_2(w^{(i)})$ . Define the second mode as  $\tilde{d}_2 = r_1 - r_2 = r_1 - \langle M(r_1 + \beta_1 E_2(w^{(i)})) \rangle$
  - 4) for  $k = 3, \dots, K$ , compute the  $k$ th residue as  $r_k = \langle M(r_{k-1} + \beta_{k-1} E_k(w^{(i)})) \rangle$
  - 5) compute the  $k$ th mode as  $\tilde{d}_k = r_{k-1} - r_k$
  - 6) go to step 4 for next  $k$
- **Compared to EEMD, CEEMDAN provides a better spectral separation of the modes and requires lesser number of sifting iterations to obtain the IMFs** (Torres *et al.*, ICASSP, 2011)

$w(i)$  is a realization of white Gaussian noise with zero mean and unit variance,  $M()$  is the operator which produces the local mean of the signal that is applied to,  $E_k()$  is the operator that produces the  $k$ th mode with EMD and  $\beta_k$  allows the selection of the SNR at each stage



## Image processing framework

### ■ MCEEMDAN

- separation of the original data into one-dimensional slices
- application of the CEEMDAN algorithm to each one-dimensional slice
- the reconstruction of IMF is based on a comparable minimal scale combination principle (Humeau-Heurtier *et al.*, IEEE Trans. Med. Imaging, 2015)
- the first IMF represents the smallest scale or the finest textural, while the last one gives only the largest scale of the overall mean trend in intensity of the image

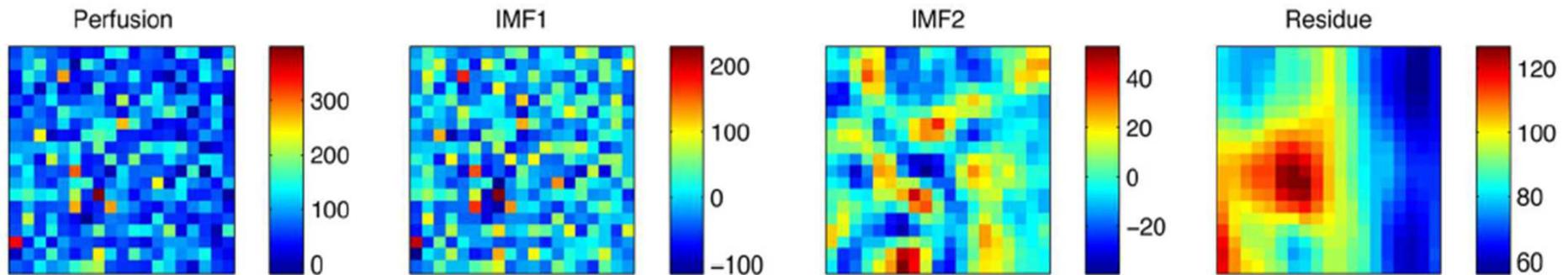


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## Results and Discussion

- The **local cutaneous temperatures** obtained by the low and high room temperatures were  **$28.0 \pm 2.0^{\circ}\text{C}$**  and  **$34.1 \pm 1.3^{\circ}\text{C}$** , respectively
- We herein propose to extract 2 IMFs + a residue, for each image processed
- IMFs and residue of LSCI data present local patterns



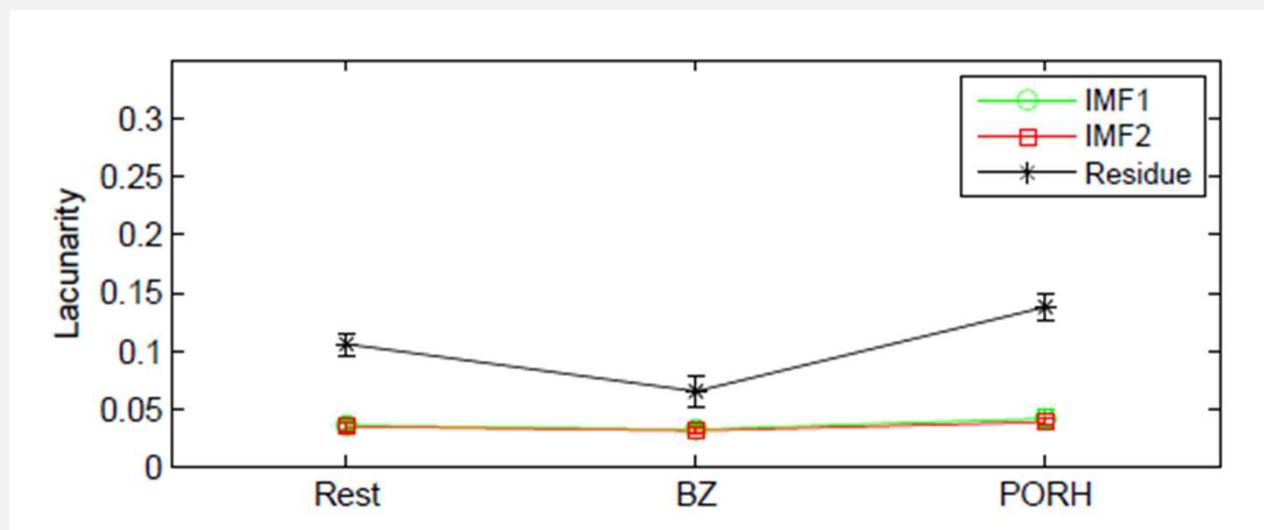
MCEEMDAN results at rest for the high room temperature



## Results and Discussion

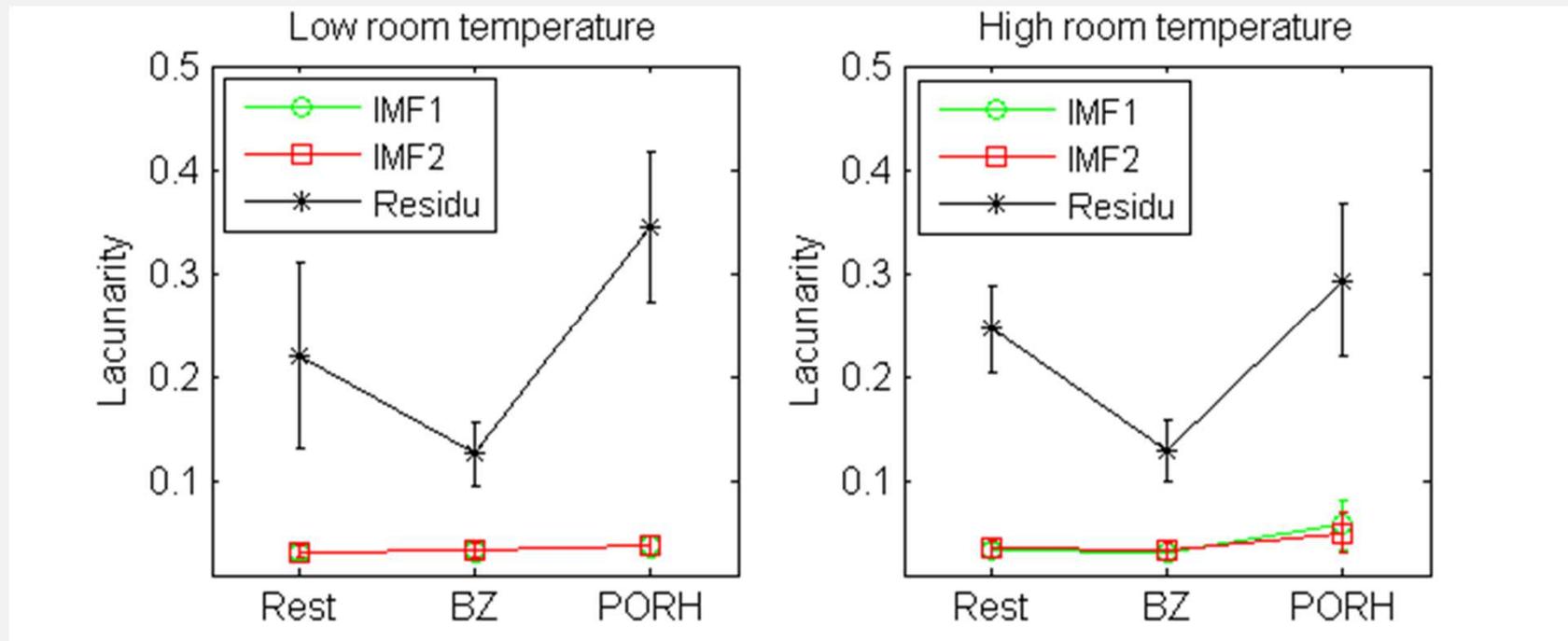
- Similar patterns have already been shown in ambient temperature
- They have been quantified with **lacunarity** of the fractal dimension image for each IMF and residue
- Lacunarity enables to differentiate patterns of spatial dispersion. The higher the lacunarity, the more inhomogeneous the examined fractal area and *vice versa*

## Results and Discussion



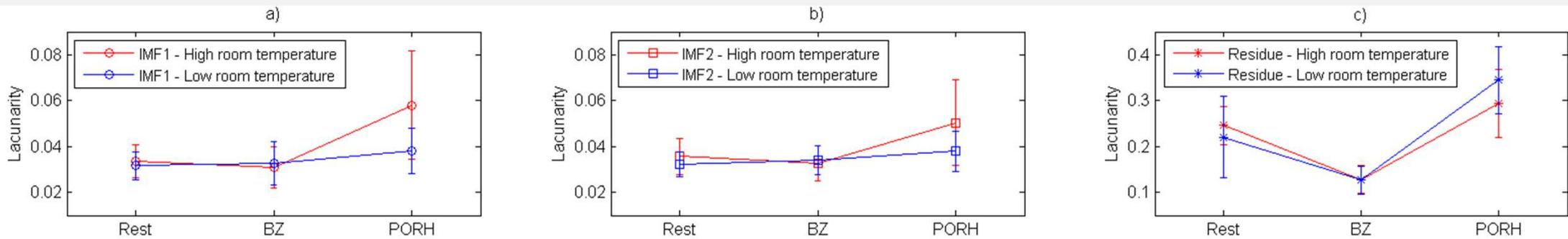
Lacunarity values of fractal dimension image for IMFs and residue obtained when choosing MCEEMDAN decomposition with 2 IMFs and residue. The results have been computed from LSCI data recorded in 10 healthy subjects at ambient temperature (Humeau-Heurtier *et al.*, IEEE Trans. Med. Imaging, 2015)

## Results and Discussion



Lacunarity values of fractal dimension image for IMFs and residue obtained when choosing MCEEMDAN decomposition with 2 IMFs and residue

## Results and Discussion



Lacunarity (average and standard deviations computed from 15 subjects) of fractal dimension images for a) IMF1; b) IMF2; c) residue, given by MCEEMDAN

- We observe that, for the finest textural (IMF1 and IMF2), low skin temperature reduces the lacunarity value at rest and at PORH, compared to the high skin temperature.
- By opposition, for the largest spatial scales (residue), the lacunarity value is the highest for the lowest skin temperature, at PORH



## Results and Discussion

- This has to be studied more deeply to understand the physiological phenomena coming into consideration, and to know why different results are observed at different spatial scales
- In the future, it could be interesting to compare these results with those obtained in patients with microvascular dysfunctions
- MCEEMDAN could become an easy way to extract hidden patterns from laser speckle contrast images and – from them – to differentiate different physiological states